



# Holland Junior School The Pioneer Academy



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## School's Vision

At Holland Junior School we are a happy, friendly and caring school at the heart of our community. Hand in hand with our families, we have high expectations which nurture the successes, growth and happiness of every child. Children will leave our school with lasting memories and the skills to blossom in their future.

## The National Curriculum

With a full-time specialist PE teacher at Holland Junior School, we deliver real skills to all abilities. PE training is a system of progressive exercise and instruction aimed at developing fundamental motor abilities, balance, coordination, and ultimately complete control of body movement. We want our pupils to move with competence and to develop the desire to participate in all sport and physical activity. All pupils whatever their ability, age, size, shape, or aspiration can improve their fundamental movement ability and build the foundations on which future sporting performance is based.

At Holland Junior School, we believe that PE fosters positive attitudes leading towards self-discipline and control. Through the PE curriculum, we will help children develop the skills and knowledge of sports enabling them to compete competitively and promote the importance of physical activity and a healthy lifestyle. We want children to enjoy and have the opportunity to compete in any field of sport.

## Objectives

Our essential learning objectives for Physical Education at Holland Junior School are to enable children:

- To experience and enjoy a wide range of experiences within physical education and sport.
- To develop enthusiasm, positive attitudes, and practical skills to participate, compete, and lead a healthy, active lifestyle.

During our physical education lessons, children will follow personal learning journeys based on a Fundamental skill and multi-ability approach to teaching and learning. This curriculum equips children with the essential abilities to maximise potential, and enjoy long-term participation in physical activity and sport. Teaching and learning focus on three main building blocks for every sporting activity, these are known as 'Fundamental' skills: Agility, Balance, and Coordination.

The curriculum encourages creativity, collaboration, and self-challenge, through six themed units per year, known as 'multi-abilities' which include: personal skills, social skills, cognitive skills, creative skills, physical skills, and health-related fitness.

## **Structure**

Each class will be allocated 2 hours of PE per week. Each half term, children experience a new sport. For example, children will be taught invasion games for one-half of the term then will be taught another sport the following half term. All children will be taught two hours of PE by a specialist teacher.

The lessons will focus on the importance of teamwork, competition, sportsmanship and the techniques required to compete in the selected field of sport. PE lessons will be taught either in the school hall or the outdoor playground area or field to the rear of the school. Children will also have swimming lessons in accordance with the National Curriculum guidelines.

The school also competes in the local Surrey Schools Sports tournament and the Pioneer Sports Challenge Cup.

Lessons for our pupils will focus on the importance of teamwork, competition, sportsmanship and the techniques required to compete in the selected field of sport. PE lessons will be taught either in the school hall, the playing field or the outdoor playground area. Our pupils will also have swimming lessons in accordance with the National Curriculum guidelines. Structure and planning are vital within the Physical Education department and we ensure that the National Curriculum guidelines are followed to include physical activities and sports that develop not only the physical capabilities of a child but also their social and psychological wellbeing.

## **Role of the PE Leader**

The PE leader is responsible for the teaching, planning, and assessment of all PE lessons and works closely with the school's PE Subject Leader on the staff team. The PE Leader and Subject Leader also offer support and advice on sports activities and skills to all staff.

The annual sports events and competitions are to be organised by the PE Leader and Subject Leader. The PE leader and Subject Leader will also continually be looking out for opportunities for the school to compete or contribute to external PE activities.

## **Assessment and Evaluation**

Assessments are made in line with the school PE assessment policy. The PE specialist will use effective assessment for learning to ensure planning is based on prior attainment and that pupils know what they need to do to progress. Children are put in differentiated learning groups for each sport. The teacher keeps records that enable them to deliver an effective, creative, and relevant curriculum that builds on prior attainment and meets the needs of pupils. Pupils' progress is monitored through Approaches to assessment that must be meaningful and embedded throughout a high-quality physical education curriculum; which enables learners to make progress and improve their attainment.

## **KS2**

- Apply skills in different ways.
- Link and sequence actions.
- Communicate.
- Collaborate.
- Compete.
- How to improve in sports and activities.
- Evaluate and recognise success.

## **Equipment and Resources**

### **Resources**

Resources are audited annually by a subject leader and PE leader, to ensure adequate resources are available for the Scheme of Work to be delivered. All resources to be monitored and updated as appropriate by the subject leader.

All resources are located in the PE shed which is locked overnight. All PE equipment is available to the whole school but staff must ask to use the equipment and are responsible for returning items they may have used. It is the PE Coordinators responsibility to order new stock.

### **PE Kit**

PE kits should be brought to school on the 1<sup>st</sup> day back to school ready for the term. PE kits are to be sent home on the last day of term before the school holidays

The following PE kit should be worn:

- White unbranded PE t-shirt.
- Black shorts or a black skirt
- Black plimsolls or trainers.
- Dark sweatshirt and/or dark tracksuit bottoms if outdoors in colder weather.

Swimming kit should be brought to school on the day when the swimming lessons take place and taken home afterward. Swimming hats must be worn.

The wearing of studs in pierced ears is permitted, but these will have to be removed or taped to the ears for PE, games, and swimming. Children must be able to remove and replace their earrings by themselves as this will not be undertaken by staff. No other jewellery or nail varnish should be worn.

Long hair should be tied back for every lesson.

### **Equipment**

PE equipment is kept safely locked inside the PE shed, with some larger equipment such as football goals, being stored inside the school hall along with PE mats. At the end of each term, PE equipment will be placed back in the shed ready for the term ahead. It is the PE Coordinators responsibility to order new stock. Mats and gymnastics equipment are placed in a safe gymnastic trolley in the hall which can be easily assessable to use. PE equipment is checked and inspected before each lesson, this is done by the PE leader. If the equipment is damaged or faulty, the PE leader or pupils should inform PE subject leader. Pupils should be involved in reporting any faulty equipment in line with their age, ability, and previous experience.

### **First Aid**

PE teachers must attend all CPD in regards to first aid within the school as well as ensure they have the medical profile of all students they teach. PE teachers should know who the first aiders are in their establishment and have a clear understanding of the protocol when faced with an injury or medical emergency. If possible the PE teacher should obtain a first aid qualification. A first aid bag is always present during PE lessons in case of an emergency.

The PE subject leader works with the 'appointed person/people' to plan first aid arrangements for sporting events off-site if they are not trained. It is considered good practice by the school to have at

least one of the PE 'personnel' trained so they can take control of first-aid arrangements when taking part in physical activities and school sport off-site. A first-aider will need to accompany the PE teacher if they do not have this qualification at the event they are attending.

### **Transportation of pupils**

Pupils will have access to the Pioneer mini-bus to travel to competitions or fixtures but availability may be limited. When it is not possible to use the academy minibus, pupils may be transported by public transports or in some cases by their own parent/adult with parental responsibility. Pupils must have consent from their parents if they are to travel with other pupils parents.

### **Enrichment Opportunities**

After-school clubs will be available for all children and provided by school staff and outside agencies. The PE specialist will provide three after-school clubs every half term. Children will be informed of other opportunities in the community available to them.

Children will also have the opportunities to represent the school at local borough competitions and the annual Pioneer Sports Challenge Cup.

### **Other policies to be read in conjunction with this policy:**

- Equal opportunities / inclusion
- Teaching for learning
- Assessment
- SEN Policy
- PSHE policy