

## Wellbeing Strategy 2022

Holland Junior School has recently committed to working towards achieving the Wellbeing Award for Schools. We would like to share our wellbeing Strategy for 2021/2022 with you.

Our strategy looks at the areas of wellbeing and mental health that we believe can make the most difference to our whole school community. To implement this strategy, our Change Team and the Governors are committed to promoting the wellbeing and positive mental health of all.

### **Vision Statement**

At Holland Junior School, we commit to making it our mission to promote resilience and positive wellbeing for all our pupils and staff. We understand “wellbeing” as the state of being comfortable, healthy and happy. We will promote this message in a variety of ways, to ensure that mental health is “everyone’s business” across our whole school community. We will strive to create an environment that has a whole school approach in providing excellent mental health support, understanding and intervention. We will be putting wellbeing at the heart of our school to ensure successful learning and commit to our policies reflecting this.

1. The whole school is committed to promoting and protecting emotional wellbeing and mental health by achieving the wellbeing award.

2. The school has a clear vision and strategy for promoting and protecting emotional wellbeing and mental health which is communicated to all involved with the process.

3. The school has a positive culture which regards the emotional wellbeing and mental health as the responsibility of all.

4. The school activity promotes staff emotional wellbeing and mental health.

5. The school prioritises professional learning and staff development on emotional wellbeing and mental health.

6. The school understands the different types of emotional and mental health needs across the whole-school community and has systems in place to respond appropriately.

7. The school actively seeks the ongoing participation of the whole-school community in its approach to emotional wellbeing and mental health.

8. The school works in partnership with other schools, agencies and available specialist services to support emotional wellbeing and mental health.