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The children and young people's emotional wellbeing and mental health service



Changing childhoods. Changing lives.

eikon helping young people in Surrey



# New Mindworks Neurodevelopmental Offer for Schools

## Free workshop for Parents & Carers: *Building Confidence - Identifying and Supporting Additional Needs*

A 5-week workshop held in your school to help parents and carers identify and support their children's needs.

Topics covered:

- Communication & Interaction
- Social, Emotional & Mental Health
- Cognition & Learning
- Physical & Sensory Need
- Navigating the System & Signposting to Support

Each session includes:

- 45 minutes workshop followed by tea/coffee and chat
- Practical activities and ideas that can be followed up at home
- Information pack with topic content, resources and signposting

For more information on hosting the workshop in your school, contact your local School Based Neurodevelopmental Practitioner:

Woking & Guildford	Susan Rampertab <a href="mailto:susan.rampertab@nas.org.uk">susan.rampertab@nas.org.uk</a>
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