

[A](http://www.familyfoodbank.org) sudden drop in finances can happen to any of us for a number of reasons. Please do not suffer in silence.

We have a number of local Family Food Bank

Distribution Points which can help you. So please get in touch!

* **Swanley Family Hub**, St Mary’s Road, Swanley, Kent, BR8 7BU.
* **Tel : 03000 421545**
* **Monday – Friday 9.30am – 4pm.**
* Please phone in advance to arrange collection.
* **Edenbridge Children's Centre**, High Street, Edenbridge, TN8 5AB.
* **Tel 03000 420995.**
* **Monday - Friday 9.30am - 4.00pm.**
* Please phone in advance to arrange collection.

**Sevenoaks Family Hubs**

**We Are Here To Help!**

[**www.familyfoodbank.org**](http://www.familyfoodbank.org)