

# Hope Support Services

help@hopesupport.org.uk

## FREE & CONFIDENTIAL ADVICE

All our support is confidential and completely FREE

## ONE TO ONE SUPPORT

Get one to one support when it is needed and for as long as it is needed

## PEER TO PEER SUPPORT

Talk with other young people who have gone through a similar experience

## A FULLY DIGITAL SERVICE

You can access the service using text, audio or video.



If you're aged 5-25, live in the UK and have a loved one who is seriously ill, we're here for you!

To find out more call **01989 566317** or visit **www.hopesupport.org.uk/support**



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Support Services

Reg.Charity: 1135680 | Registered in England No 7164190

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