

Invisible Backpack Package

Strengthening relational practice in early years settings and primary schools

The Invisible Backpack Package is a one-day training package for individual schools/settings or individuals working with babies, children and young people (BCYP). This package helps staff recognise the needs and experiences children carry with them and respond with empathy, structure and consistency.

What the training covers:

- **Part 1 - Consolidating Understanding:** Why relational approaches matter for BCYP and staff, the Invisible Backpack metaphor, the impact of early experiences on behaviour and development
- **Part 2 - Approach and Environments, and Part 3 - Strategies and Action Planning:** Case studies and examples from UK schools/settings, practical relational approaches/environments/strategies, opportunities to reflect upon staff wellbeing, reviewing strengths and “even better if...” opportunities, and creating sustainable whole-setting change.

Training Options:

Train the Trainer - £495 per individual school/setting

- For leadership teams wishing to cascade the training to their whole staff.
- Includes slides, session plans, facilitator guide, 20 videos, and 26 printable resources.

Individual Professional Development - £190 per person

- For staff working in or alongside education settings who want to develop relational practice (*i.e. early years practitioners, primary school staff, SENCOs and inclusion leads, family support workers, early help professionals*).

Book your place today and be part of improving outcomes for your whole school/setting and the babies, children, young people and families.

www.educators-barnardos.org.uk

