



Sevenoaks Family Hubs Timetable

1st June 2026 - 17th July 2026

Our Family Hubs:

Swanley FH
03000 421545
St Mary's Road
Swanley
BR8 7BU
Sevenoaksfh@kent.gov.uk

Edenbridge FH
03000 420995
High Street
Edenbridge
TN8 5AB
Sevenoaksfh@kent.gov.uk

All of our groups and services are free to attend.

Monday

Tuesday

Wednesday

Thursday

Friday

Swanley

Requires Booking Little Talkers 10.00am - 11.00am	Invite only Communication Tree 1.30pm-2.30pm	Invite only Compass 4.30pm - 5.30pm	Invite only Time to Shine 12+ 5.30pm - 7.00pm
Stay and Play with Little Book Worms 9.30am - 11.00am	Invite only Time to Shine 8-11 years 3.30pm - 5.00pm	Invite only Stay and Play SEND 1.30pm - 2.30pm	DCSM Location Assessments Times & days vary
Child Health Clinic & Infant Feeding Support 9.15am - 11.15am LAST DOOR ENTRY 11AM	Baby Group 9.30am - 11.00am	Pre Booked Health Visiting Services 11.15am - 4.30pm	
Drop In Talking Walk Ins 3rd Thursday Monthly 9.30am - 11.30am	Compass Orchard Academy 2.00pm-3.00pm	Thursday 18th June 1.30pm - 3.30pm SEND ROADSHOW at Swanley Family Hub	
Stay and Play with Little Book Worms 9.30am - 11.00am	Invite only Baby Massage 1.30pm - 2.30pm	Requires Booking Adult Education Virtual Course Exploring Behaviour Strategies 15/07/2026 12.30pm - 2.30pm	

Edenbridge

Edenbridge is currently CLOSED on Mondays and Tuesdays. We hope to welcome you back soon. Thank you for your understanding

THURSDAY 25th JUNE
Due to staff training, **NO** groups will be taking place on this day

Pre Booked Health Visiting Services 9.00am-4.00pm	Baby Group 9.30am - 11.00am	Invite only Communication Tree 1.30pm - 2.30pm	Invite only Time to Shine 12+ 5.30pm - 7.00pm
Pre Booked Health Visiting Services 9.00am-4.00pm	Stay and Play with Little Book Worms 10.00am - 11.30am	Invite only Time to Shine 8-11 years 3.15pm - 4.30pm	DCSM Location Assessments Times & days vary
Child Health Clinic 9.15am - 11.15am	Invite only Baby Massage 10.00am - 11.00am	Strengthens Family Relationships Virtual Course 16/06/2026 10.00am - 12.00pm Requires Booking	

Information

Stay and Play with Little Bookworms

0 - 5
Years
Old

Weekly Group

A relaxed session for families with play, singing, stories and messy fun for children aged 0-5. Free book packs included

Drop In

Baby Group

0 - Pre
Mobile

Weekly Group

A welcoming space to bond with your baby and meet other parents. Includes songs and sensory play. For babies who are pre-walking.

Drop In

Communication Tree

2 - 5
Years
Old

4 Week Course

A 4-week course to understand how communication develops. For children aged 2 years plus, including fun activities to boost your child's communication skills.

Invite Only

Compass

11 - 18
Years Old
(25 with
SEND)

Weekly Group

A 10 week session course helping children 11+ manage emotions and develop skills to cope with life's challenges.

Invite Only

Time to Shine

8-11
Years
old

Weekly Group

12+
Years
old

Small, supportive groups for children, split into age ranges (8-11 years and 12+), with SEND to build confidence and social skills through fun activities.

Invite Only

Little Talkers

2 - 5
Years
Old

6 Week Course

A playful 6-week course for 2-5 year olds to build speech, language and attention skills.

Self referral - requires booking

Child Health Clinic & Infant Feeding Support Group

Family

Weekly

A drop in clinic for you to come along, have your baby weighed and speak to a member of the Health Visiting Team. Breastfeeding information, advice and support is also available. Please see the timetable for clinic times.

Drop In

Talking Walk Ins

2 - 5
Years
Old

3rd Thursday Monthly

Support for children with speech and language, facilitated by Speech and Language Therapist
Drop in session
Limited spaces

Drop In

Exploring Behaviour Strategies

Adult Education Virtual Course

Would you like to be able to:
Identify behavioural triggers
Develop clear, practical strategies
Promote positive behaviour
If so, this course could be perfect for you!

15/07/2026 12.30pm -2.30pm

Email Sevenoaksfh@kent.gov.uk
for booking link

Parents

Sensory Room SEND

0 - 11
Years
Old

Parent
to
attend

We have a sensory room available at Swanley and Edenbridge Family Hub for children with SEND to explore sensory activities, toys and have a calm and peaceful experience. Each session lasts 45 minutes
Please email Sevenoaksfh@kent.gov.uk for more information and to book

Requires Booking

Stay and Play SEND

0 - 5
Years
Old

Weekly Group

A chance for children with SEND to explore sensory activities and toys. A time for parents to meet and support each other.

Invite Only

Baby Massage

8 Weeks
to
6 Months

5 Week Course

A 5-week course to learn soothing massage techniques to help your baby relax, sleep better and ease colic. Great for bonding. For babies 0-6 months.

Invite Only

Strengthening Family Relationships

Parents

A Workshop to help parents reduce conflict and build positive family relationships.

Email Sevenoaksfh@kent.gov.uk
for booking link

Healthy Start Vitamins

Are you eligible for Healthy Start Vitamins?

If so, complete this form to order Healthy Start Vitamins to your door:



Free for 2

Some 2 year olds can get up to 15 hours of free childcare per week!

For more information and how to apply:



Useful Contact Numbers:

Midwife 01322 428753
Health Visitor 03001 234497